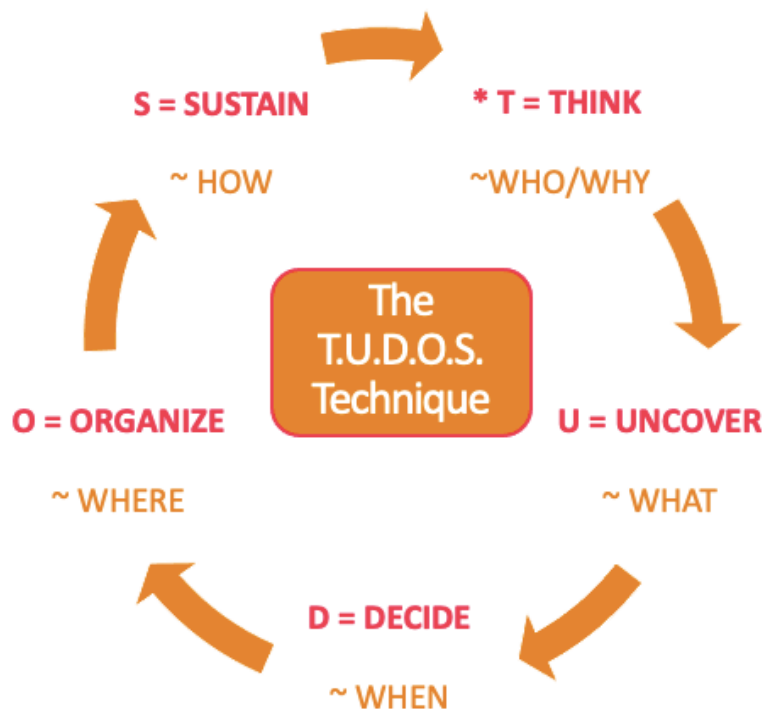


Thanks for reaching out to learn more about working with me!

As a Toronto-based experiential educator, organizer and personal development coach, I help busy, creative and results-driven people transform mental and physical clutter into clarity and productive action, in order to thrive.

My Organizing & Coaching philosophy is based on the premise that meaningful inspiration, strategic planning, and intentional action all lead to potential transformations that can change how you think, feel and act in the world.

Using my proven T.U.D.O.S. Technique as a guide, my goal is to help you overcome the obstacles (time, focus, skills, motivation) that get in the way of you creating, and maintaining, the conditions for your organizational success so you can live with more ease, control, and joy.



Imagine what mental and physical DIS-organization is costing you in:
TIME, MONEY, ENERGY, PEACE OF MIND, HEALTH AND RELATIONSHIPS?

Together, let's focus your energy on creating the conditions for your success, and transform your clutter into clarity and productive action so you can thrive.

Is now YOUR time? I can help when you are ready!

2021 In-Person Home Organizing Services

HALF DAY CLUTTER INTO CLARITY & ACTION HOME ORGANIZING | \$400 INVESTMENT

Considerable progress can be made when we work to declutter and organize side by side. Once we decide what your overall goals are and which area to focus on, we will use my proven T.U.D.O.S. Technique to systematically take out all items, sort like with like, decide on a “home” for every item, and organize items according to their function and form.

During our session, you will learn the principles of organizing, how to decide what to keep, toss, donate, recycle, or take action on, and how to display/store items for optimal accessibility and usage. Lastly, we will implement a sustainability plan that prevents clutter and disorganization from returning!

You will receive:

- 4 hours of expert hands-on help
- Personalized attention and customized actions that meet your goals
- Advice, tips and tricks to optimize your decluttering & organizing efforts
- A non-judgmental, encouraging and supportive transformative experience

FULL DAY CLUTTER INTO CLARITY & ACTION HOME ORGANIZING | \$550 INVESTMENT

With all of the benefits included above, this package is ideal for meeting your decluttering and organizational goals in multiple rooms/areas that require more time and strategizing.

You will receive:

- 6 hours of expert hands-on help
- All of the benefits listed in the half day program above

DECLUTTERED HOME, ORGANIZED LIFE COACHING PROGRAM | \$1175 INVESTMENT

This program combines a full-day in-person decluttering and organizing session described above with private personal development and mindset coaching.

While working together in-person on action-oriented activities in order to meet your decluttering and organizing goals, we will also work through the challenges (time, strategy, skills, mindset, energy, etc.) that you face throughout the process.

Each coaching session is an opportunity to explore in-depth what might be holding you back, keeping you stuck, or stressing you out. Our goal in the coaching calls is to acknowledge what is truly holding you back, developing a strategy to overcome your challenges and map out an actionable game plan.

The combination of personal development coaching by phone and hands-on decluttering & organizing in-person often leads to a life-changing transformation in how you approach both physical and mental decluttering and organizing.

You will receive:

- In-person decluttering and organizing service (12 hours total | 2 x 6-hour days)
- Personalized personal development/mindset coaching (2 x 45-minute phone calls)

ADDITIONAL SERVICES - PURCHASED SEPARATELY OR AS PART OF A PACKAGE:

Maintenance – Monthly hands-on fine tuning & refining of an area(s) that we’ve already worked on.

Redesign - Now that you’re organized, let’s make the design and aesthetics of your space look great.

Paper Management – I will help you integrate a paper filing system that works. No more paper mess!

Junk Removal - I can arrange for the removal of large furniture, building materials & toxic chemicals.

Home Organizing Clients Share What it's Like to Work with Jessica

"I was pretty nervous to have someone come in and go through my stuff, but Jessica made the process easy and enjoyable and offered many space-saving suggestions I'd never considered. We went through items together, deciding to keep things or toss, recycle, donate, sell, or take action. She made new space for everything and, best of all, hauled all the junk away that same day! Jessica is thorough, fast, and has a vision for creating functional spaces." ~ Alana M, Toronto

"Having Jessica organize with me created accountability and helped me see my items rationally not emotionally, which made it easier to let go of. Her services are worth every penny!" ~ Jane S, Toronto

"When I retired, purging was my first to-do item. I felt nervous, but after 80+ bags and boxes left our house, I felt so renewed. The "cleansing" of our home allowed us to consider how to fill it with important things - new memories, new friends and more family. Jessica's lack of judgement and mounds of common sense made the time fly by and helped make the process less daunting. She is a worker bee and sets the pace for a busy but fun day. The experience for all of us was liberating! We can't recommend Jessica enough - our home purging was a total game changer!" ~ Catherine O, Toronto

"I knew I wanted to get rid of things in my home that we no longer needed, but starting the process just felt so overwhelming. Jessica expertly guided me from feeling stuck to feeling confident to make decisions about what to keep, donate, sell, and recycle. I have more freedom and control, and that feels great!" ~ Fausta C, Toronto

"Leading a busy life as a real estate agent, husband and father, I knew our house needed major decluttering and reorganizing but finding the time and energy to do it was daunting. Jessica's systematic approach to pulling everything out, discussing its usefulness, deciding where it should live (or not!), and expertly configuring our space was really helpful. ~ Paul H, PaulHaley.ca

"I felt like my home was not conducive to my current life and I felt it was getting in the way of me moving forward. With her optimistic attitude, non-judgmental manner, and intuitive sense of design and aesthetics, Jessica helped me turn my space into one that feels authentic and inspiring. This has had a huge impact on my creativity, efficiency and well-being. Jessica has a unique way of asking the right questions and reminding me of my original intentions when I got stuck in the process of letting go. I highly recommend working with Jessica to transform your space." ~ Jennifer P, Toronto

"My home feels so much lighter, simpler and spacious now." ~ Erica D, Burlington

"I got to a point where organizing my home seemed impossible, so it just got worse. Jessica's caring and workable approach was amazing. We worked through the mental blocks, physical limitations, and most of all, the judgment that comes with having so much stuff. I feel relieved, empowered and excited to carry on, and have been enjoying my home for the first time in a long time." ~ Emma L, Toronto

"As a creative professional who often works from home, I was looking for someone to help make my space more functional and inspiring. Jessica's keen sense of utilizing my small space to its full capacity helped me to let go of the items that were holding me back. Jessica's pragmatic yet compassionate approach helped me see a way forward, and I'm really excited to keep going." ~ Peter C, New York

"Thanks to Jessica, she made a daunting project possible. I cancelled our appointment and then realized I couldn't do it alone and needed an objective 3rd party to get the job done. Any trepidation gave way to ease at tackling the tasks at hand. I am SO thankful for how Jessica took charge (the right amount) to facilitate a smooth process. What we accomplished in an afternoon would have taken me much longer! The end result is a basement that finally has order." ~ Adrienne G, Toronto