



What it's Like to Work with Jessica

"Jessica is extremely creative and optimistic with a unique knack for inspiring people to take action and get excited about what is possible in their lives."

~ Stephanie P, Original Appreciation Guru, Intercultural Communications Professor

"Having Jessica work with me created accountability and helped me see my thoughts rationally instead of emotionally, which made it easier to let go of my limiting beliefs. Her services are worth every penny!"

~ Alana M, Artist, Designer, Mom

"Jessica was a delight to work with - her lack of judgement and mounds of common sense helped make the process less daunting. The experience was liberating!"

~ Catherine O, Recently Retired Professional

"With her optimistic attitude and non-judgmental manner, Jessica has had a huge impact on my creativity, efficiency and well-being. Jessica has a unique way of asking the right questions and reminding me of my original intentions when I got stuck in the process of letting go."

~ Lee P, NLP Practitioner, Leela Co-founder, Creator, Energy Healer

"Jessica's caring and workable approach was amazing. We worked through my mental blocks, emotional barriers, and most of all, the judgment that comes with feeling stuck. I feel relieved, empowered and excited to carry on."

~ Emma L, Entrepreneur, Mom

"Jessica's pragmatic yet compassionate approach helped me see a way forward, and I'm really excited to keep going."

~ Peter C, Legislator, Creative

"I find it increasingly difficult to work effectively, without distractions. In a very short period of time, Jessica helped me set new systems in place and now I feel more in control than I ever did before."

~ Peter D, Business Owner, Dad

"Thanks to Jessica, she made a daunting project possible. Any trepidation gave way to ease at tackling the tasks at hand. I am SO thankful for how Jessica took charge (the right amount) to facilitate a smooth process."

~ Adrienne G, Entrepreneur, Creative, Mom

"Jessica is authentically and creatively committed to the coaching and learning experience, and her energy was inspiring and left me feeling motivated to tackle my goals."

~ Lisa E, Administrator, Mom

"Jessica's work style is clear, compelling and completely thought-provoking. I had the opportunity to learn about SIMPLE things to make a difference in my life and Jessica was so creative and responsive to what I wanted and needed to know."

~ Mark W, Teacher